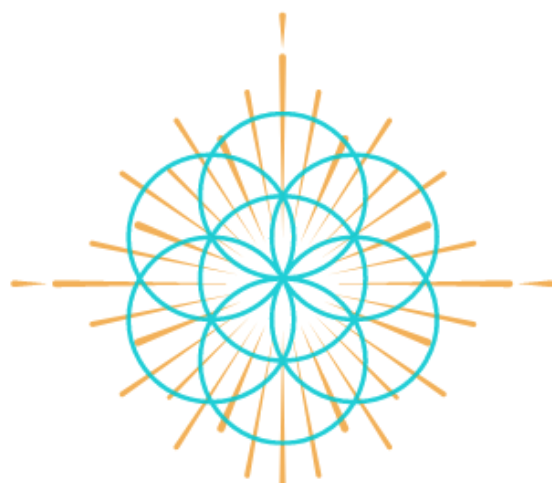


Five ways to discover your inner voice



WENDY BUNNELL
Illuminate Your Essence

We are on a discovery to remembering our greatest gift we were given in this lifetime. Our inner voice. Our intuition. Our heart space that will never lie to us. However we have been programmed to listen to outside voices, and we forget how these subtle senses work. Today we will start the journey on rediscovering that inner knowing that will help you navigate this world with more peace and joy. It will reignite your relationships, expand your businesses and help you become your greatest advocate.

So where do we start?

We start at the beginning.

Watch the video and then download this workbook.

I encourage you to not only listen, but take action.

One of the keys of hearing messages is to take the action that those messages are leading you towards. If you are here, it is because your heart led you here. This message is for you.

So let's begin...

**There are five assignments in this loving process
and they include the following:**

[illegible]

What do you feel in your body when you receive a yes answer versus a no answer?

[illegible]

[illegible]

4

4

4

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